

Qualifications/Accomplishments – Dean Matsche

BS, MS UW-Oshkosh

NSCA - (CSCS) Certified Strength and Conditioning Specialist, RSCC*E

USA Weightlifting Sports Performance Coach

CPPS - Certified Physical Preparation Specialist

NASE - Certified Speed Specialist

RPR - Reflexive Performance Reset Certification

NHSSCA - 2019 Wisconsin Strength and Conditioning Coach of the Year

John Godina World Throws Center Phase 1 & 2 Certification

ALTIS Coaching the Shot Put & Discus Certification

WFCA - 2014 Assistant Football Coach of the Year

9 State Championships and 2 State runner-ups in Football

4 State Championships in Track & Field & one State runner-up in Track & Field

39 Conference Championships in Football & Track

Co-Host of "Get Your Edge" Podcast